

THE CHILL

MENU



SMOOTHIES – \$5.50

ARCHIE

Almond Milk, Banana, Peanut Butter, Granola

BERRY BLAST

Apple Juice, Blueberry, Strawberry

CT CRUNCH

Almond Milk, Greek Yogurt, Banana, Cinnamon, Granola, Honey

JUMPSTART

Almond Milk, Cold Brew, Banana, Chocolate Chips, Honey

LIFE'S A PEACH

Orange Juice, Banana, Mango, Pineapple, Spinach

MARATHON

Almond Milk, Banana, Blueberry, Granola

PB&J

Almond Milk, Blueberry, Strawberry, Peanut Butter, Granola

PORCHIN'

Apple Juice, Strawberry, Mango, Peaches

POWER UP

Chocolate Soy Milk, Banana, Peanut Butter, Chocolate Chips

STRAWBERRY BANANA

Orange Juice, Banana, Strawberry

SUNNY & 55

Orange Juice, Greek Yogurt, Strawberry, Mango

TROPICAL TWIST

Orange Juice, Strawberry, Pineapple, Lime Juice

BOWLS – \$8

BANANA BLISS

Almond Milk, Banana, Granola, Honey
Toppings: Granola, Banana, Nutella

GREEN MACHINE

Orange Juice, Banana, Mango, Pineapple, Spinach, Kale
Toppings: Granola, Banana, Honey

PACIFIC SPLASH

Apple Juice, Blueberry, Pineapple, Strawberry, Honey
Toppings: Granola, Pineapple, Coconut, Honey

PEANUT BUTTER CRUNCH

Chocolate Soy Milk, Banana, Peanut Butter, Granola
Toppings: Granola, Banana, Chocolate Chips, Peanut Butter, Honey

SUNSHINE

Orange Juice, Banana, Mango, Honey
Toppings: Granola, Banana, Coconut, Honey

UD DELIGHT

Almond Milk, Acai, Banana, Peanut Butter
Toppings: Granola, Banana, Honey

*Protein can be added to all smoothies and bowls for an additional \$2

SPECIALTY SMOOTHIES



PROTEIN SMOOTHIES – \$7.50

ARCHIE

2% Milk, Banana, Peanut Butter, Granola
Protein: Chocolate Peanut Butter

CAFE MOCHA

Chocolate Soy Milk, Cold Brew Banana,
Honey, Nutella
Protein: Cafe Mocha

CAMPFIRE S'MORES

2% Milk, Banana, Granola, Chocolate Chips
Protein: S'mores

CARAMEL CRUNCH

Almond Milk, Banana, Granola
Protein: Salted Caramel

COOKIE MONSTER

Chocolate Soy Milk, Greek Yogurt, Banana,
Chocolate Chips, Granola
Protein: Cookies & Creme

CT CRUNCH

Almond Milk, Greek Yogurt, Banana, Granola,
Honey, Cinnamon
Protein: Toasted Cinnamon Cereal

POWER UP

Chocolate Soy Milk, Banana, Peanut Butter,
Chocolate Chips
Protein: Chocolate

STRAWBERRY SLAM

Almond Milk, Banana
Protein: Strawberry Banana

THIN MINT

Chocolate Soy Milk, Greek Yogurt, Banana,
Chocolate Chips
Protein: Mint Chocolate Chip

ENERGY SMOOTHIES – \$7

BERRY BUZZ

Wild Berry Celsius, Strawberry, Blueberry

SHERBET SPARK

Sherbet Swirl Alani Nu, Strawberry, Peach

TROPICAL CHARGE

Orange Celsius, Pineapple, Peach, Mango

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smoothies and bowls for an
additional \$2